



Name:		Date:	Occupation:
Address:		Phone:	Date of Birth:
City:	State:	Zip Code:	Email:
Cell: Phone:	Contact me by __Text Cell		Emergency Contact:
How did you hear about us:			Referral Name:
General Health			
1. Rate your level of stress: (5 = highest, 1= lowest) 5 4 3 2 1			
2. Are you pregnant or nursing? Yes No			
3. Do you wear contact lenses? Yes No			
4. Do you smoke? Yes No How many cigarettes per day?			
5. Please list any accidents or surgeries in the last 9 months:			
6. Do you have any metal implants, a pacemaker or body piercings?			
7. List the medications you are currently taking:			
Prescription			Over the Counter
Health History			
Heart Condition	lymph Edema	Herpes/Shingles	High Blood Pressure
Numbness/Tingling	Sinus Problems	Allergies	Chronic Pain
Rashes	Jaw Pain/TMJ	Blood Clots	Constipation
Diabetes	Gas/Bloating	Headaches	Arthritis
Broken/Fractured Bones	Pregnancy (___ weeks)	Fatigue/Sleep Disorder	Depression/Anxiety
Other (explain): Undergoing Cancer treatment			
Skin Care			
1. Are you under the care of a dermatologist? Yes No			
2. Do you use: Accutane Retin A Renova Adapalene Other prescription skin products _____			
3. Have you had a: Chemical Peel Microdermabrasion Botox Other resurfacing treatments			
4. Are you currently using any products that contain: Glycolic Acid Lactic Acid Hydroxy Acid Vitamin A			
5. Do you have any skin sensitivities or irritants			
Skin Maintenance			

Products You Use:	Soap	Cleanser	Toner	Moisturizer	Exfoliator
Skin Type:	Oily/Congested	Dry/Dehydrated	Sensitive/Redness	Acne	Sunburned
Eczema	Claustrophobia	Psoriasis	Iodine or Shellfish		
Have you been tanning in the last 24 hours?	Yes	No	Are you going or coming from a vacation?	Yes	No
What are your skin care goals?					

It is my choice to receive these Services from Soleil Surgical LLC. I have completed this form to the best of my knowledge. I have stated all medical conditions that I am aware of and I will update the staff at Soleil Surgical of any changes to my health status. I understand that the staff at Soleil Surgical do not diagnose illness, disease, or physical or mental disorders, nor do they prescribe medical treatments, pharmaceuticals, or perform spinal manipulations. I acknowledge that these treatments are not a substitute for medical examination or diagnosis, and that is recommended I see a primary health care provider for that service. If I am unable to make a scheduled appointment, I agree to cancel the appointment 24 hours in advance by phone, unless I have an emergency. In this case I will call ASAP to reschedule my appointment. If I miss a scheduled appointment without giving 24 hour notice, I agree to pay the missed appointment fee that applies.

I understand that any illicit or sexually suggestive behavior, remarks or advances made by me will result in the immediate termination of the session and I will be liable for payment of the scheduled service.

Name

Date



Pre and Post Treatment Instructions for Resurfacing Procedures

Before your Resurfacing Treatment

- Avoid all sun exposure, self tanning creams, spray tans and tanning beds for at least two weeks prior to each fractional resurfacing treatment. A sunscreen with SPF 20-30 plus zinc oxide or titanium dioxide should be worn throughout the treatments.
- Your laser procedure may include more than one treatment. We will present a treatment plan for you upon consultation and evaluation of your response to the laser system
- Please discontinue the following products two weeks prior to surgery: Aspirin, Motrin, Aleve, Ibuprofen, Excedrin, Vitamin E, Ginko, St. John's Wort and any photosensitive drugs such as Tetracycline, Minocycline with the permission of your primary care doctor.
- Active skin care products such as Retin A, Retinol, Renova, glycolic acid products, night creams with alphahydroxy acids should be discontinued throughout these treatments. Mild cleansers, toners, moisturizers may be used immediately after treatment.
- You will be asked to remove your make up (can be done at clinic) and jewelry before a procedure. Contact lenses may be worn.

After your Resurfacing Treatment

- Application of cool gel packs and topical creams prescribed immediately following treatment can help improve post treatment itchiness and stinging that may occur.
- Edema, and sometimes blanching, is expected immediately post treatment and generally resolves within 24-48 hours. It may last up to 3-5 days in some clients.
- Clients may experience significant redness, broken capillaries or bronzing in the treatment area or 1-3 days after treatment. This may persist in a mild form for several weeks particularly in areas other than the face.
- Gentle cleansing and use of non-irritating cosmetics is permitted after treatment. The use of retinoids should be avoided during the treatment period.
- New skin will begin to form and it is essential to avoid injury and sun exposure at least two weeks following treatments. It is highly recommended that clients use a sunscreen with SPF or higher containing UVA/UVB protection along with a sun blocker such as zinc oxide or titanium dioxide between treatments.
- Once the treatment area has healed, some itching or dryness may occur. This will gradually clear. The use of non-irritating moisturizers may provide some relief.

If you have any questions or concerns, please call our offices at 343-4983.



Instructions for Photorejuvenation/ Solar Lentigines (Sun Spots) Treatment

Before your treatment...

- Avoid sun exposure, self-tanning products and tanning beds for at least two weeks prior to IPL treatment.
- Please remove all jewelry.
- Wear loose clothing.
- Your sunspot removal may include one to four treatments spaced four weeks apart. Your clinician will present a treatment plan for you upon consultation and evaluation of your response to the laser/light system.
- A cold roller will be used to make the treatment more comfortable.
- You may resume normal daily activities immediately following your laser treatment.

After your treatment...(Follow these directions for one week after each treatment)

- The IPL treated area may look crusty or like particles of dirt where the spot was treated. The area should be cared for as a burn, some crusting may occur and should heal in 7-10 days.
- Apply aloe vera gel twice daily for one week.
- Take Tylenol per packaging directions as long as needed for discomfort.
- No shaving over treated area as long as area is red and or swollen.
- Avoid all sun exposure, self-tanning products and tanning beds between laser treatments.
- Apply a broad spectrum UVA/UVB sunscreen with a SPF-30 daily to treated area if in the sun for at least six months following the laser treatment.
- Avoid swimming pools or hot tubs to prevent infection.

If you have any questions or concerns, please call our offices at 343-4983.



Instructions for Facial Veins/Angiomas Treatments

Before your treatment

- Avoid all sun exposure and tanning beds for at least two weeks prior to IPL treatment. A sunscreen with SPF 20-30 plus zinc oxide or titanium dioxide should be worn throughout the treatments.
- Your laser procedure may include four or five laser appointments. We will present a treatment plan for you upon consultation and evaluation of your response to the laser treatment.
- Please discontinue the following products two weeks prior to each procedure: Aspirin, Motrin, Aleve, Ibuprofen, Excedrin, Vitamin E, Ginko, St. John's Wort and any photosensitive drugs such as Tetracycline, Minocycline, with the permission of your primary care doctor.
- Active skin care products such as Retin A, Retinol, Renova, glycolic acid products, night creams with alphahydroxy acids should be discontinued throughout these treatments. Mild cleansers, toners, moisturizers may be used immediately after treatment.
- You will be asked to remove your make up (can be done at clinic) and jewelry before a procedure. Contact lenses may be worn.

After your treatment ... (follow for one week after your laser/ light treatment)

- Your skin may appear red or blotching in the treated area for 24-48 hours after the laser treatment. You may temporarily experience a bumpy appearance. Please do not apply make up if area is still red. Once there is no sign of redness, make up may be applied.
- Wash treated area gently with a mild cleanser or soap and water.
- Apply post op gel twice daily to treated area. Take Tylenol per packaging directions as needed for discomfort.
- No shaving over treated area as long as area is red and or swollen.
- You may experience swelling of the eyes and face that may persist for 2-4 days. Sleep with two pillows at night and apply ice as needed for swelling.
- Avoid all sun exposure and tanning beds between IPL treatments.
- Apply a broad spectrum UVA/UVB sunscreen with SPF-24/zinc or titanium oxide daily to treated area if in the sun for at least six months following the IPL treatment.

If you have any questions or concerns, please call our offices at 343-4983.



Instructions for Laser Hair Removal Treatments

Before your treatment...

- Shave area to be treated the morning of the IPL treatment. Hair should be shaved cleanly. No waxing, tweezing or depilatories one month prior to treatment. Shaving the hair will manage hair between treatments.
- If patient has a history of Herpes, prophylactic medications may be prescribed one week prior to treatment.
- Do not tan or use self-tanning products as they may cause adverse effects. Stay away from aspirin or Aleve, ibuprofen, Advil or Motrin and Vit E one week before a treatment.
- Wear loose fitting clothing that allows comfort and modesty to the area to be treated.
- Please remove all jewelry.
- No restrictions in normal daily activities following a hair laser treatment.

After your treatment ... (follow for one week after your treatment)

- Wash treated area gently with soap and water.
- Apply an Aloe Vera Gel twice daily to treated area.
- Take Tylenol per packaging directions as needed for discomfort.
- No shaving over treated area as long as area is red and or swollen. Hair may remain for up to two weeks following your treatment. You may use a Loofa to remove loose hair after a treatment.
- Apply a broad spectrum UVA/UVB sunscreen with a SPF – 30 and zinc or titanium dioxide daily to treated area if in the sun for at least six months following the laser treatment.
- Avoid hot tubs, swimming for one week afterward as chemicals can cause infection.
- Your skin may appear red or blotchy in the treated area for 24-48 hours after the laser treatment.
- If a blister appears, apply Aloe Vera gel to blistered area until resolved. Keep clothing from rubbing blistered area.

If you have any questions or concerns, please call our offices at 343-4983.



Instructions for Rosacea Procedure

Before your treatment

- Avoid all sun exposure and tanning beds for at least two weeks prior to laser treatment. A sunscreen with SPF 20-30 plus zinc oxide or titanium dioxide should be worn throughout the treatments.
- Your laser procedure may include four or five laser appointments. We will present a treatment plan for you upon consultation and evaluation of your response to the intense pulsed light system.
- Please discontinue the following products two weeks prior to each procedure: Aspirin, Motrin, Aleve, Ibuprofen, Advil, Excedrin, Vitamin E, Ginko, St. John's Wort and any photosensitive drugs such as Tetracycline, Minocycline, Zithromax, Cipro with the permission of your primary care doctor.
- Active skin care products such as Retin A, Retinol, Renova, glycolic acid products, night creams with alphahydroxy acids should be discontinued throughout these treatments. Mild cleansers, toners, moisturizers may be used immediately after treatment.
- You will be asked to remove your make up (can be done at clinic) and jewelry before a procedure. Contact lenses may be worn.

After your treatment ... (follow for one week after your treatment)

- Your skin may appear red or blotching in the treated area for 24-48 hours after the laser treatment. You may temporarily experience a bumpy appearance. Please do not apply make up if area is still red. Once there is no sign of redness, make up may be applied.
- Wash treated area gently with a mild cleanser or soap and water.
- Apply post op gel twice daily to treated area. Take Tylenol per packaging directions as needed for discomfort.
- No shaving over treated area as long as area is red and or swollen.
- You may experience swelling of the eyes and face that may persist for 2-4 days. Swelling is normal and indicates a good treatment response. Sleep with two pillows; apply ice bag before bed and after rising.
- Avoid all sun exposure and tanning beds between laser treatments. Apply a broad spectrum UVA/UVB sunscreen with SPF-24/zinc or titanium oxide daily to treated area if in the sun for at least six months following the laser treatment.
- Avoid alcohol, spicy foods and caffeine and exercise for one day after a procedure.

If you have any questions or concerns, please call our offices at 343-4983.



Pre and Post Treatment Instructions for Pigmented Lesions

Precautions to take before your laser treatment:

- No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications.
- Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Remove all makeup, creams or oils prior to treatment.

Instructions following your laser treatment:

- Cleanse the treated area at least daily with water and mild soap, and then pat the area dry.
- Do not rub or scratch the treated area.
- If crusting/scabbing occurs, do not shave or pick area. Apply Aquaphor ointment (tattoo) or other moisturizer (face) to the area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own.
- Discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen.
- Avoid contact sports or any other activity that could cause injury of the treated area.
- Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals.
- Contact Soleil Surgical if there is any indication of infection (redness, tenderness or pus).

If you have any questions or concerns, please call our offices at 343-4983.



Pre treatment/Post treatment Instructions tattoo removal

Precautions to take before your laser treatment:

- No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications.
- Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Remove all makeup, creams or oils prior to treatment.

After your Tattoo Removal treatment:

- After cleansing and while skin is still moist, apply a thin layer of Aquaphor® ointment to the treated tattoo.
- Apply a non-stick pad over the tattoo until it is healed.
- Avoid sun exposure to the treated area. Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Clean area daily with mild soap and water and pat dry.
- Do not rub or scratch the area.
- Discomfort may be relieved by using cool gel packs or acetaminophen.
- If blistering occurs, keep the area moist by applying Aquaphor 3 times per day or antibiotic ointment per recommendation of the physician. Do not enter swimming pools or hot tubs until treated areas are healed.
- No swimming or using hot tubs for 48 hours post treatment.

If you have any questions or concerns, please call our offices at 343-4983.



Tattoo Removal FAQ

Decorative tattoos have a history dating back at least 5000 years. The desire to remove them has probably existed for just as long. Early attempts to remove tattoos have had less than desirable results. The use of dermabrasion, saltabrasion, and Argon or CO2 lasers have left behind scars in place of the tattoo. The advent of Q-Switched lasers has permitted the removal of most tattoo inks with a very low risk of scarring. The Q-Switched Nd: YAG laser is the laser of choice in this class of lasers. The Q-Switched YAG can significantly lighten or remove a wide variety of tattoo inks. Lately, the decision to obtain a tattoo has become increasingly popular, and so has the decision to remove them! An estimated 20 million Americans have tattoos and many of them now feel that having a tattoo does not fit their new image. Those remorseful about their tattoos are consulting with cosmetic laser physicians to determine if the removal of their tattoo is possible. Today's advanced laser technology provides the means for your tattoo to be removed safely and quickly and, in most cases, without leaving a scar.

How does treatment work? Today, cosmetic medical lasers designed to eradicate tattoos range from a single wavelength of light to a broad spectrum of light, the varieties of which are intended to obliterate the ink in the tattoo without damaging the skin. Certain colors of light are absorbed by specific corresponding colors of the tattoo ink. The light energy vaporizes or fragments the ink particles. Your body then absorbs these ink fragments naturally and the color fades over the next couple of weeks. This treatment is very similar to the methods used for years to treat birthmarks.

What are other removal options? Laser tattoo removal is the safest, quickest, and is most likely to leave your skin intact following treatment. Other treatment options are surgical excision, chemical peel and traditional dermabrasion. These various treatment options are invasive treatment methods and often result in scarring.

What are treatments like? First, the area to be treated is cleaned. Emitting laser or pulsed light, the laser hand device glides over the surface of the tattoo. The size and color of the tattoo determine the length of treatment time. A tattoo roughly the size of a quarter may take approximately 3 to 5 minutes to treat. Some patients request a topical anesthetic cream to be applied prior to treatment, minimizing the stinging effect of the laser or intense light. Many patients tolerate treatment without topical anesthetic, and report the treatment as feeling similar to no more than numerous rubber band snaps. Finally, an ointment and protective dressing are applied to keep the area moist.

How many treatments are required? Size, color, location, and the age of the tattoo determine the number of treatments necessary to effectively complete removal. During the consultation, the tattoo you want treated will be examined and any questions you have will be answered. Be sure to contact your physician if you experience side effects not described during your consultation.

What results can I expect? The results and appearance of the tattoo vary from patient to patient. After each treatment session you will see the tattoo become lighter. Due to the various levels of professionalism and types of inks used in tattooing, the results and number of treatments may vary. Typically, multiple treatments will be required and are scheduled 4 to 8 weeks.